

**Broadland Youth Advisory Board (YAB)**  
**Monday 27 February 2023, 5.30 – 7.30pm**  
**Carrowbreck House, 7 Carrowbreck Road, Norwich, NR6 5FA**

**Attendees:**

Ace - Young Commissioner  
 Alex - Young Commissioner  
 Billy - Young Commissioner  
 Charlie - Young Commissioner  
 Davashree - Young Commissioner  
 Grace - Young Commissioner  
 Helen - Broadland & Great Yarmouth Locality Libraries  
 Imogen - Young Commissioner  
 Masie - Young Commissioner  
 Matt – Broadland District Council  
 Melody - Young Commissioner  
 Nathan - Young Commissioner  
 Philippa - NHS Norfolk & Waveney ICB  
 Ursula - Young Commissioner

**Also in Attendance:**

Cyan - MAP  
 Karen - MAP (Minutes)  
 Mel - MAP

**Not In Attendance:**

Atlanta - NHS Norfolk & Waveney ICB  
 Jade - Norfolk Constabulary  
 Liam - South Norfolk District Council  
 Neelam - Children's Services, Norfolk County Council  
 Paul - Norfolk County Council  
 Rebecca - Broadland District Council  
 Rebecca - Norfolk & Waveney CCG  
 Richard - NHS

**Apologies:**

Richard - Broadland District Council  
 Stuart - Broadland District Council  
 Vicky – Norfolk Police  
 Yvette - Broadland Partnership & Community Focus Team

	<b>Action</b>
<p><b>1.0 Introductions &amp; Icebreaker</b></p> <p>1.1 Ace welcomed all to the meeting and asked to begin by each member introducing themselves by stating their name, pronouns and role on the board.</p> <p>1.2 For the icebreaker, each member had to write down three questions on post it notes, then the whole room got up and had to ask a person one question and vice versa, swap the questions they had asked and move onto the next person until everyone had spoken to each other.</p>	
<p><b>2.0 Apologies Received &amp; Actions from Previous Minutes</b></p>	

2.1 The board received apologies prior to the meeting from Richard, Stuart, Vicky and Yvette.

2.2 The actions from the previous minutes (23 January) were:

**Agenda Item 3.0 – X-adventure Report**

The board were provided with the response received from X-adventure.

They have 24 signed up and on average 18-20 of them turn up each week, considering the winter weather the commitment from the young people and parents has been good.

X-adventure have advertised on the Nextdoor platform and on notice boards and provided flyers to Scouts, Sprowston School, Taverham High, Hellesdon High School, The Wherry School, and for all been in contact with people there. Hellesdon have come back as would like to take up places for young people with additional needs who could not access this provision normally.

The main cohort is Taverham High School and has a mix of ethnicity and learning difficulties.

X-adventure are now in contact with SEND co coordinators so can recruit young people that are more in need. They are looking at going wider afield to more of the isolated areas and reaching out to them.

X-adventure are looking at advertising for the summer term soon as have found the sooner they can do this the smoother the new term cohort runs.

A new flyer should be coming this week and will be sent to board members.

The travel budget has not yet been used despite offering it to a few parents who would not be able to send their child. The outcome has been a very warming one as the parents have proactively come together and helped each other out with picking up and dropping off their children on days that they could not themselves.

The board discussed the alternative options for the travel budget and it was suggested it be used to accommodate more sessions during the Summer. Young Commissioners were very keen to proceed with the proposal. Matt mentioned about the HAF fund and asked whether X-adventure were utilising this, perhaps the YABs money could be used to provide transport for these. Mel to discuss with X-adventure and keep the board updated.

**Mel**

<p><b>3.0 Writing MAPs report template (extra capacity post)</b></p> <p>3.1 The board were split into groups (Young Commissioners &amp; adult board) to discuss what the report should include and / or be removed.</p> <p>Each group fed back their thoughts, Mel will use this information to amend the template for the next report.</p>	<p><b>Mel</b></p>
<p><b>4.0 BREAK</b></p>	
<p><b>5.0 Updates (Young Commissioners &amp; Professionals)</b></p> <p>5.1 Broadland District Council (BDC) Visit on 19 December Young Commissioners met with various members of BDC and learnt about a bin app and recycling, council meetings, the homeless population and the fact there are no homeless people in Broadland as well as how to get apprenticeships at the Council.</p> <p>5.2 Norfolk County Council Youth Voice Workshop Day on 14 February Young Commissioners attended the day and participated in a full programme of workshops, amongst those available were Mental Health Consultation (Anna Freud), Redesign a Volunteering Website (Momentum) and Rethinking Education (Lola Stafford).</p> <p>5.3 Mental Health Awareness Training on 16 February During half term, Broadland YAB came together with Norwich YAB at MAP for mental health awareness training. During the session Young Commissioners learnt about the scales of mental health, how to look after their own mental health how to help their friends.</p> <p>5.4 Mental Health Awareness Week (Cyan) 15 – 21 May 2023 On Saturday 13 May Young Commissioners will be putting on a session for other young people in Broadland at Redwings, Aylsham and will possibly be involved with making enrichment toys for the donkeys. Sarah (Youth in Mind) will be attending a YAG in the coming week to collaborate with Young Commissioners on this project.</p> <p>5.5 Helen attended a YAG to plan with Young Commissioners conducting QAs at all libraries in Broadland. Helen thanked those that had already contributed and for Broadland YAB having it included in a priority on the action plan.</p> <p>5.6 An outreach vehicle has been purchased because Broadland and South Norfolk Council do not have an office in South Norfolk. The vehicle will go into the</p>	<p><b>Matt</b></p>

<p>community and provide council services and will be operational around September time. Matt will bring information to a future meeting so that Young Commissioners can see.</p> <p>5.7 CYP Mental Health Team – Phillipa sought approval to bring another person along to the board meeting which was agreed. Mel advised that if a space on the agenda was needed to let her know 2 weeks before.</p>	
<p><b>6.0 Any Other Business</b></p> <p>6.1 There were no matters of any other business.</p>	