

**West Norfolk Youth Advisory Board (YAB)**  
**Minutes of Meeting**  
**Thursday 27 May 2021, 5.00pm – 6.00pm**  
**ZOOM**

**In Attendance:**

Amy - Young Commissioner  
April - CCS NHS Trust  
Emily - Young Commissioner  
Jade - Children's Services, NCC  
Karen - Commissioning, Partnerships & Resources, Children's Services  
Kerry - Library & Information Service  
Lexy - Young Commissioner (Chair)  
Michelle W - CCS NHS Trust  
Robin - Children's Services, NCC  
Susan - The Matthew Project  
Vanessa - Young Commissioner

**Also in attendance:**

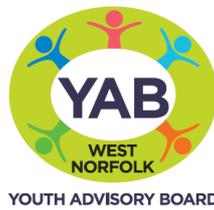
Bob - MAP  
Karen - MAP (Minutes)

**Not in Attendance:**

Alexandra - NCC  
Clare - College of West Anglia  
Dacey - Kick The Dust  
Darryl - Norfolk Constabulary  
Eloise - Caring Together  
Gary - Prospects  
Jacob - College of West Anglia  
Jane - West Norfolk Carers  
Jo - Norfolk Constabulary  
Joshua - Kings Lynn & West Norfolk Council  
Karen R - Children's Services, NCC  
Keith - Children's Services, NCC  
Lee - Norfolk Constabulary  
Llynn - Norfolk LGBT  
Melanie - CCS NHS Trust  
Michelle G - Norfolk Children & Young People's Health Service  
Rachel - CCS NHS Trust  
Ruby - Norfolk & Norwich University Hospital  
Sarah - Early Help & Family Focus  
Tarra - CCS NHS Trust  
Tracy - YMCA Norfolk

**Apologies:**

Anna - Swan Project  
Rachael - Stories of Lynn



	Action
<p><b>1.0 Welcome and Intros</b></p> <p>1.1 Lexy welcomed all and the meeting began with introductions.</p>	
<p><b>2.0 Apologies</b></p> <p>2.1 Karen gave apologies received.</p>	
<p><b>3.0 Minutes of the Last Meeting</b></p> <p>3.1 The actions from the last meeting;</p> <p>Agenda Item 5.0 – Mental Health Proposal (The Matthew Project) Bob discuss revised proposal with TMP.</p> <p>3.2 The minutes were agreed by the board.</p>	<b>Complete</b>
<p><b>4.0 Disability Campaign</b></p> <p>4.1 The YAB met with Baroness Grey-Thompson on Tuesday 4 May to discuss their disability campaign. A recommendation from that meeting had been to start a petition in order to change the law.</p> <p>Following on, the YAB have a meeting on Wednesday with the workers who run South Norfolk YAB and have some scenarios that young people are going to talk about regarding different disabilities, what has happened to them and how they have coped with it.</p> <p>The outcome of the meeting on Wednesday is to be reported back to Baroness Grey-Thompson.</p> <p>The board sought clarification around what YAB are hoping to achieve with the campaign. Young people reported they do not get treated well at school because of their disabilities, not just by their peers but the schools/colleges themselves.</p> <p>The board recommended YCs contact Children with Disabilities Youth Forum and Equal Lives.</p>	
<p><b>4.0 Farm Therapy Trip</b></p> <p>4.1 West Norfolk YAB are considering funding a project that would offer farm therapy to young people who are struggling with their mental health (cost of transport would also be included).</p>	



<p>Cherry Tree Farm in Methwold offer a package and 16 Young Commissioners visited the farm over a weekend to assist them in making that decision. During their time at the farm Young Commissioners groomed, fed and walked goats, held guinea pigs and groomed rabbits. The Young Commissioners reported it being lots of fun and would definitely want to do it again.</p>	
<p><b>5.0 Mental Health Proposal (The Matthew Project)</b></p> <p>5.1 Susan presented the revised proposal and provided an overview of the changes that had been made following feedback received after the last board meeting.</p> <p>Young Commissioners queried the central overhead cost and what it entailed. TMP explained it being the admin aspect that supports the young people’s practitioner. Young Commissioner were satisfied with the response.</p> <p>Young Commissioners sought clarification around what age range TMP were classifying young people as. TMP advised 11 – 19 years. For a while they were only offering to 13 – 19 years, however, a lot of services seem to be missing out the earlier age range so have begun to extend down again.</p> <p>Young Commissioners were curious to know if TMP would have a certain amount of young people for each age or whether it would be randomly dispersed between the age group. TMP advised it would depend on the referral rate as is needs based. TMP tend to access a lot of young people in 11 – 16 range. TMP advised CCG mental health team are going into schools (only designate schools) and they want try to work alongside that to join up the services for the West of Norfolk. Young Commissioners felt it would be a good idea particularly for the schools that do not have a designated mental health team to target those schools. TMP advised they are already within some of those schools.</p>	
<p><b>6.0 Action Plan 2021 – 22</b></p> <p>6.1 The YAB contracts have be extended for 12 months from 1 October 2021 – 30 September 2022. NCC would like the YABs to focus their action plan on three areas all linked to Covid recovery;</p> <ul style="list-style-type: none"> <li>○ how can the YAB assist young people to reconnect</li> <li>○ how can the YAB support and maintain good mental health and wellbeing for young people, and</li> <li>○ helping young people to make choices, particularly careers.</li> </ul> <p>The board had a good discussion about education, alternative routes to achieving degrees, careers and future prospects.</p>	



YOUTH ADVISORY BOARD

<p>A revised action plan that incorporates the three areas linked to Covid recovery will be circulated to the board.</p>	
<p><b>7.0 Any Other Business</b></p>	
<p>7.1 There were no matters of any other business.</p>	
<p><b>8.0 Date of Next Meeting</b></p>	
<p>8.1 The next meeting will be held Thursday 24 June at 5 – 6pm on Zoom.</p>	