**Youth Work Network – Monday 28th January**

**Attended:**

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| Aimee Gedge | Momentum (Norfolk) |
| Anastasia Twigg | Norfolk International Youth Project |
| Eloise Riches | Carers Trust Norfolk |
| Harry Town | MTM Youth Services |
| Kate Downes | Prospects |
| Laura Darby | Harbour Centre |
| Paul Webb | MAP |
| Robin Konieczny | Norfolk County Council |
| Sam Mason | MTM Youth Services |
| Sam Milchem | SOUL Church |

**Apologies:**

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| Adelia Miguel | Benjamin Foundation |
| Bob Casey | MAP |
| Lynn Cook | Norfolk County Council Children’s Services |
| Mike Pepperell | Prospects |
| Sarah Coote | Army Welfare Services |

**Discussion:**

The main discussion was about professional development and skills sharing which we can do through the network. Some topics could also be delivered through ‘bitesized’ training sessions.

* Health and Safety – we want to be better, not just adequate
  + Risk assessments
  + Staff / volunteer responsibilities – does everyone understand what their role is in regards to health and safety?
  + Fire procedures – this need has been highlighted by a number of groups working Ambition Quality marks who don’t have adequate fire procedures
  + There is a module on the Level 2 in Youth Work about Health and Safety so we might be able to use this as a framework for training
* Youth culture / “latest buzz” – how up to date are we?
  + Keeping up to date with topics that are of interest to young people (anything from veganism to the latest technology!)
  + Making sure projects / activities are youth led and relevant to what young people want
* Mindfulness / yoga, techniques we can learn for our own benefit and then teach to young people
* Participation and youth voice
  + Understanding political systems so we can explain it better to young people
  + Co-production and planning together with young people
  + Can we create better links with UK Youth Parliament?
  + Children’s Rights / Hear By Right
* Adolescent development
  + Learners on the Level 2 courses have been surprised by what they’ve learnt on this subject – this could be useful for people to revisit or look at for the first time
* Apprenticeship levy – are we all up to speed?
* Residentials
  + How to plan / run a residential
  + International funding for overseas residentials, e.g. Erasmus
* Latest research in youth work
* Resources – testing and sharing
* Restorative Approaches – useful to building / maintaining relationships with young people and for managing challenging behaviour
  + Trainers based in the Norfolk Youth Offending Team
* Impact measurement training
  + **Paul mentioned that MAP can provide Theory of Change training**
* Inclusion
  + Harry and Aimee attended a ‘train the trainer’ session on inclusion / making activities more inclusive and could offer this training to the network
* Revisiting Ethical Standards and National Occupational Standards
* Intercutural competence / equality and diversity
  + Understanding and awareness
  + Norfolk ‘snapshot’ – how diverse are young people in our county?
  + SALTO website has some useful resources
  + **Robin and Anastasia offered to jointly run a session on this topic**
* Professional boundaries
  + Transporting young people is a topic that comes up a lot on Level 2 courses
  + Whether or not to hug young people comes up a lot on the Intro to Youth Work course
* UK Youth webinars
  + Momentum are members of UK Youth and have access to webinars and other training resources which we could use as a group, or could be emailed out for youth workers to look at individually.
* Accreditations for young people
  + Norfolk Youth Award
  + Youth Achievement Awards (run by UK Youth)

We also talked about how best to encourage youth workers to attend training / professional development sessions.