



MOMENTUM  
YOUTH AWARD  
FOR VOLUNTEERING

Personal Development


## PERSONAL DEVELOPMENT

This record of achievement belongs to


.....

who agrees to spend a minimum of 5 hours working towards their goal.

My personal goal is:



What I am going to do to achieve my goal:




Start date:     /     /


Finish date:     /     /

Total number of hours commitment .....


What I have enjoyed:




What I found difficult:



What I have learned about myself:



What I have gained: (Knowledge, Attitude, Skills, Friends, New Experiences)



Youth Worker evaluation achievement of goal:

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Feedback from others on how well you have done:

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Project name: .....

Group leader: .....

Participant: .....