



Mental Health Champion Role Description (subject to change as the service develops)

Role Title	Mental Health Champion
Main Purpose of the Role	To work with the link service to ensure that your universal setting will know how to deal effectively with emerging emotional and mental health concerns
Hours	Attend structured training plus group consultation events exclusive to Mental Health Champions; time to cascade information to colleagues
Location	Various venues around Norfolk and Waveney
Key Responsibilities	
<p>Mental Health Champions will be self-recruited to be a key person within their organisation.</p> <p>To attend and contribute in professional training and consultations so that they can:</p> <ul style="list-style-type: none"> • Keep informed and updated about changes in CAMHS and other specialist services • Ensure appropriate referrals and signposting for children and young people into specialist CAMHS • Build and maintain effective networks for personal professional development and to develop positive partnership working opportunities • Share skills and knowledge around emerging emotional and mental health issues in children and young people to develop and support their colleagues • Promote ideas to achieve continuous improvement in their universal work setting • Read and disseminate information from the Point 1 termly E-newsletters, website and e-mail correspondence. 	
Person Specification: Essential requirements	
<p>MHCs must be:</p> <ul style="list-style-type: none"> • Working in Norfolk or Waveney in a universal setting (e.g. Nursery, Primary or Secondary Schools; Primary Care GP Practices; Children's Centres) • Working with Children and Young People aged 0-18 years old <p>MHCs need to have an interest in promoting positive mental and emotional wellbeing.</p> <p>MHCs must be authorised by their manager/supervisor/SLT/SMT to have time allocated within their paid job role to undertake the key responsibilities above. Each universal setting is responsible for recruiting a replacement MHC if someone leaves their post. We expect MHCs to spend time doing the following:</p> <ul style="list-style-type: none"> • To attend the initial two day MHC foundation training before accessing more specialist training options • To attend at least one specialist training event per academic year – there will be a choice of topics which the MHC can decide upon whether it is the most suitable option for their service needs • To cascade any training material to your colleagues in your universal work setting – it is at your discretion as to the methods you use to do this. The MHC needs to be a person who is willing and able to disseminate their learning 	
Person Specification: Desirable requirements	
<ul style="list-style-type: none"> • Some knowledge and experience of dealing with emerging mental health issues 	

Please e-mail linkwork-point1@ormistonfamilies.org.uk if you are interested in applying to become a Mental Health Champion.