**Broadland YAB Funding Specification and Application Form**

**Wellbeing Residentials**

Overview and Background

Broadland Youth Advisory Board is a team of young people (known as Young Commissioners) and professionals. Together we identify issues that affect young people and we play a strategic role in improving how these needs are met.

Following our annual youth consultation, with over 2,500 responses from young people across Broadland, Young Commissioners have decided to assign up to **£29,500** to commission a project targeting the identified issue of **‘Mental health and Wellbeing’.** This project aims to demonstrate what good mental health looks like, provide skills for how to maintain good mental health and increase resilience for young people across Broadland.

**Impact:  
1.** Early intervention will reduce the number of young people developing mental health issues.

**2**. Incidents of bullying will decrease.

**3.** More young people will lead healthier life styles.

**Activity:**

The successful youth work provider will be responsible for initially piloting a residential with Broadland YAB Young Commissioners. **£4,500** has been ring-fenced from the **£29,500** for this. The provider should use these allocated funds to trial the residential with Young Commissioners and gain essential feedback regarding further residentials that will then be made available for young people across Broadland.

The remaining **£25,000** will be to provide a minimum of **three** residentials that should:

* Target and recruit young people that are either reasonably mentally healthy or displaying signs of low level need or in need of ‘early help’
* Separate ages and adapt material/delivery accordingly
* Involve a minimum of 10 to a maximum of 16 young people at each residential
* Deliver a range of wellbeing activities including indoor and outdoor, recreational and educational, for example, building confidence and developing coping mechanisms
* Limit the use of technology by the young people attending
* Promote and inspire healthy eating
* Facilitate a learning/reflective journal for young people attending, alongside tools to take home
* Measure and record impact and outcomes for each young person

**Outcomes** –

1. Young people will have the opportunity to engage in a fun residential developing their resilience to stressors and learning a) what good mental health looks like and b) skills for how to maintain good mental health.
2. Young people will report increased self-esteem and confidence.
3. Young people will report an increase in resilience skills.

Applicants will be assessed on how well they can address these issues and the quality of the proposed residentials; we favour young people being offered the opportunity to participate in the design of your application. We will prioritise bids that use nationally recognised measurement tools. **Bids cannot exceed** £29’500. Including the Pilot, a minimum of 4 residentials should be delivered within a one year period.

**Broadland Youth Advisory Board Funding – Application Form**

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| Name of applying individual, organisation or group: |

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| Name of Lead Worker/Contact: |

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| Anticipated location(s) and venue of residential(s): |

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| Please give some background information about you, your organisation (e.g. aims and values in working with young people and provision i.e. youth work, group activities, advocacy work) (Up to 200 words) |

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| Have you previously focused youth work around the identified priorities? If yes how have you done this and was this work successful? Please comment on how you measured this (Up to 250 words) |

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| How will the residentials be inclusive of all young people, including those who are potentially ‘hard to reach’ or ‘vulnerable’? How will you recruit young people to attend the residentials? (Up to 250 words) |

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| Tell us how you would complete this piece of work?  Please provide a plan of delivery and what your pilot residential with Young Commissioners would look like: (Up to 300 words) |

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| **We will be bidding for - £** |

Please give a breakdown of how the **£4,500** will be spent (see table below)

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| Resource | Cost |
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| Total |  |

Please give a breakdown of how the **£25,000** will be spent (see table below)

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| --- | --- | --- |
| Resource | Cost | |
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| Total |  | |
| Do you have the following policies and procedures in place? (if successful you will be asked to provide these)  Safeguarding/Child Protection – Yes/No  Health and safety– Yes/No  Up to date and signed Project Risk Assessments – Yes/No  **(Please note, this applies to all staff/volunteers facilitating a project)**  Data Protection/Confidentiality – Yes/No  Youth participation strategy – Yes/No  NB: All partners must hold enhanced DBS checks and are ICO registered.  If you answered no to any of the above, could you please expand on why you answered no? | |

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| How many young people would you expect this piece of work to reach? |

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| How do you intend to measure the outcomes of young people and the success of the project as a whole? (up to 200 words) |

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| Do you have a fully prepared exit strategy in place for the young people following any presenting concerns during the residential? (up to 200 words) |

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| Any other information or comments you would like to present with your application |

Please return this application form to Emma Rush, Senior Youth and Community Worker, MAP, Heath House, 5 Woolagte Court, Norwich, NR2 4AP or via email [emmarush@map.uk.net](mailto:emmarush@map.uk.net). The closing date for applications is by 12 noon on 4th Sept 2019. Any applications received after this date will not be considered.

If you have any questions or require further information regarding the Youth Advisory Board or the funding process, please contact Emma Rush on 07341774679 or [emmarush@map.uk.net](mailto:emmarush@map.uk.net).

NAME –

ROLE / JOB TITLE –

DATE-

SIGNED -