

Spotlight On...

Anti-Bullying Week 2019



Breckland Youth Advisory Board were awarded the [Ben Cohen StandUp Foundation](#) Award for anti-bullying Organisation of the Year for their work to tackle bullying in Norfolk.

Breckland Youth Advisory board receiving their award from Ben Cohen

Young Commissioners from all Youth Advisory Boards worked together to facilitate the [Norfolk Youth Against Bullying](#) Conference: a youth-led day of collaboration between nearly 200 young people and professionals from across Norfolk, and anti-bullying experts from around the country.



Young Commissioners from all Norfolk Youth Advisory Boards at the Norfolk Youth Against Bullying Conference

Transforming Mental Health provision for young people

Since March 2019, Young Commissioners from across Norfolk have been working with youth organisation MAP and the Norfolk & Suffolk Foundation Trust (NSFT) to involve young people in the development of NSFT's Youth Mental Health Service. Young Commissioners sit on a project steering group of young people with a passion for improving mental health services. This group has helped design and deliver a range of participation activities and events alongside Youth Advisory Boards, looking at aspects of mental health support such as Improving Assessments, Support while Waiting for Treatment and Receiving Treatment in Groups. The ideas and experiences from the Youth Advisory Boards have been well received by NSFT, who are now incorporating many of these recommendations into their ways of working.



Young Commissioners at Girton College, Cambridge, where they took part in the Experts by Experience Panel at the Clinical Research Network Eastern Child & Youth Research Collaboration Event.

Young commissioners have also helped support with training, recruitment and staff events for NSFT, which has helped develop a greater understanding on both sides of some of the challenges involved in delivering a great mental health service in Norfolk and Suffolk. A number of Young Commissioners from across the county have also participated in the CAMHS redesign work that is being led by Norfolk County Council as part of their transformation of Children's Services.

For more information about any aspect of this work, please contact Jo Hand, Participation Youth Worker at johand@map.uk.net

South Norfolk Young Commissioners completed Mental Health First Aid training alongside Norfolk Police and Crime Commission Youth Commissioners.

South Norfolk Young Commissioners are completing accredited courses including Food Hygiene and First Aid.

Broadland Young Commissioners attended the Enabling Social Action Conference in London to talk to conference delegates about their work.

Breckland Young Commissioners spoke about bullying at the Norfolk School Governors Conference.

South Norfolk Young Commissioners held their monthly YAB Youth Club, Wellbeing and Social group, Young Carers Forum and Clinks Care Farm sessions.

South Norfolk Young Commissioners attended a training session on the careers website *Icanbea...* with a view of supporting its development.

Broadland Young Commissioners attended Broadland District Council's wellbeing panel to discuss the importance of young people's wellbeing.

Broadland Young Commissioners attended a performance and Q+A about LGBT+ refugees: 'This is Who I Am by Ice and Fire'.

Coming Up...



JOIN THE GREAT YARMOUTH YAB FOR A FREE
GAMING FESTIVAL FOR YOUNG PEOPLE

LEVEL UP!

**PRESS
START**

A DAY FOR MENTAL HEALTH AND WELLBEING
WORKSHOPS | GAMES | FOOD | STALLS

FREE AND FOR YOUNG PEOPLE!

SATURDAY | 30 NOVEMBER 2019 | 11:00AM—16:00PM
THE DRILL HOUSE YORK ROAD GREAT YARMOUTH
NR30 2LZ



map open

YOUNG PEOPLE'S ELECTION DEBATE

02/12/19
6.30-9 pm
OPEN Norwich

for young people aged 15-25

hear from local candidates and ask about
issues that matter to you

tickets: <https://youngpeopledebate.eventbrite.co.uk>



Youth Advisory Boards (YABs) are bodies of Young Commissioners (aged 11-19 and up to 25 with a disability) and professionals who work to identify the issues that young people in their area care most about and then take action through campaigning, lobbying, advocacy and commissioning services. A YAB operates in each district area of Norfolk. Norwich, Great Yarmouth, Broadland, Breckland, North Norfolk, and West Norfolk YABs are coordinated by youth organisation MAP, and South Norfolk YAB is coordinated by MTM Youth Services.

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Norfolk
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